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Highlights from Our Work on the Ground

A new cadre of **32 Child Health Educators** is now at the forefront of advocating for better health practices. **57 child leaders** have taken the helm of the Children's Cooperatives. Our Senior Football League provided a competitive yet friendly arena for **425 children**. Our children's artistic talents were recognized at a state-level painting competition. One of our dedicated teachers received commendation from a government school. The Annual Review for the fiscal year 2023-2024 was a time of reflection and forward planning for us. Our sessions on managing stress and anxiety are crafting a more empathetic and supportive educational setting. The Blue Umbrella Day campaign has brought critical attention to the issue of sexual abuse of boys. All this and more in this issue.

We are immensely thankful for your support that helps us make a difference in the lives of our children and look forward to your continued engagement.



Children's Cooperatives

In 2001, Butterflies launched the Children's Development Khazana (CDK), a pioneering life skills education program. CDK is dedicated to teaching children and adolescents about democratic principles and financial management. The program's core aim is to provide life skills education, fostering responsibility, the ability to prioritize needs, and save for one's future. Currently, CDK is active across ten contact points in Delhi, including the latest addition at Nizamuddin Dargah, facilitated through a Mobile Bus. This month, ten meetings were held at these contact points, with a total of **357 children** participating —171 boys and 186 girls. The focus of this month's meetings was on leadership elections which resulted

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Launched in 1995, the Child Health & Sports Cooperative (CHSC) stands out as an innovative endeavor. Its primary mission is to foster a culture of health, safety and wellness among children and their communities. Throughout April 2024, CHSC representatives conducted health visits across various contact points. During these visits, first aid supplies were distributed to child health educators (CHEs) in eight locations and to child health educators. Additionally, **30 children** received first aid from the CHEs and some required medical attention. The same month saw thirty health cases being reported. Of these, one was escalated for mental health services, and five were directed to public hospitals. The focus of April's meetings was on elections, culminating in the election of 54 child leaders (Child Health Educators, Child Sports Educators and Buddies). [Read more about CHSC.](#)

Children's Cooperatives in Uttarakhand

On the 11th and 12th of January, a comprehensive training session was conducted for the newly elected leaders. A total of **35 Child leaders** from the Child Health and Sports Cooperatives, along with another 35 child leaders from the Children Development Khazana, participated in this training. The focus was to equip these young leaders with the skills and knowledge necessary to effectively support and guide their peers.

On February 13, 2024, a hands-on training session was conducted for **32 child health educators**. A doctor from the district hospital led the training, focusing on first aid techniques to be used within the community, especially for those involved in the Child Health and Sports Cooperatives. The training emphasized a practical, demonstrative approach, ensuring that the educators were well-prepared to provide first aid effectively.



Street Education Programme

On the occasion of World Earth Day, April 22, 2024, Sambhavna CRACR & PD organized a meaningful drawing and painting competition at the Jammu and Kashmir house. The event, aimed at raising awareness about the environmental impact of harmful human activities, was graced by the guidance of Dr. Rashmi Singh- IAS, Resident Commissioner of Jammu & Kashmir. Butterflies was also invited to the event and our student Labi stood out, securing the first prize, highlighting the talent and environmental consciousness of our children.



Republic Day Celebration at contact points

India's Republic Day was celebrated with great enthusiasm by children at each contact point (public places where children come & study). Program officers curated a range of activities that provided a platform for students to showcase their talents. Through posters, charts, dance, drama, and poetry, they were able to articulate their patriotic sentiments, infusing the celebration with creativity and passion.



Sports for Development

In January, the highly anticipated Senior Football League was organized by Butterflies, featuring 90 children grouped into teams from various contact points competing against one another. This league served as a vibrant platform to unite children aged 14-18, fostering camaraderie through their shared passion for football. It successfully cultivated a spirit of teamwork among the young participants, all united by the common goals of play and sportsmanship. Almost 335 children who were busy in the stands

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cheering their seniors playing and also got a chance to play other games after the event along with 58 staff of Butterflies.

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Annual Review

The Annual Review for the fiscal year 2023-2024 was a pivotal event for Butterflies, held from March 19th to 21st, 2024. This review provided a platform for all staff members to reflect on the milestones achieved and the challenges encountered, setting the stage for future enhancements. The collective analysis of feedback and suggestions from participants led to a comprehensive understanding of the organization's strengths and areas for growth. The insights gained were instrumental in formulating recommendations to refine and align Butterflies' initiatives with the evolving needs of children and communities.



Stress and Anxiety Management

The "Stress and Anxiety Management During Exams" session, conducted by our Okhla Contact point team members Ms. Sana and Mr. Sharfe Alam, provided a transformative experience for students at a local government school. They explored a variety of practical strategies and techniques designed to help students tackle exam-related stress with confidence. The session was marked by dynamic discussions, captivating activities, and the exchange of effective coping strategies, equipping students with essential skills to control stress and anxiety. This educational experience is aimed at promoting a supportive academic environment and enhancing the students' emotional well-being.



Recognition by School Management Committee

Ms. Sana, serving on the School Management Committee (SMC), was honored with an invitation as the chief guest for a cultural event at GB Pant School in Srinivaspuri, Delhi. This event provided a valuable opportunity for all SMC members to engage in an open dialogue with the school authorities. Such discussions are instrumental in reinforcing the bond between the school staff and SMC members, ultimately contributing to the creation of a more welcoming and child-centric school atmosphere.



Blue Umbrella Day

The Blue Umbrella Day (BUD) campaign, observed on April 14, 2024, was a significant initiative to shed light on the sexual abuse of boys. This international day is a call to action for adults to step up their efforts in safeguarding boys and nurturing their well-being. The campaign, spearheaded by Family for Every Child (FFEC) a global alliance of local CSOs, unites 41 local civil society organizations from 37 countries,

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including Butterflies to amplify this cause. In Delhi, the campaign featured a vibrant array of performances, including a special song and dance, mime, and a play by children at Dilli Haat (click here for photos of the event). The event was further bolstered by strategic social and traditional media outreach. The overarching goal of BUD is to spark public conversation, confront entrenched negative social norms surrounding gender, masculinity, and sexuality, and advocate for equal protection, care, and guidance for all children, regardless of gender.

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