

# CHIT CHAT

A NEWSLETTER ON CHILDREN'S COOPERATIVES

September 2023 – February 2024



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*Children's Cooperatives are owned and managed by children, it is a life skill, that educates and supports children to lead healthy, sustainable and financially safe lives*

## Training the Trainers

### Children's' Cooperatives in Rudrapur, Uttarakhand

In this period, Butterflies initiated and expanded its Child Health and Sports Cooperatives and Children Development Khazana programmes to Rudrapur in Uttarakhand. Children were very enthusiastic of the cooperatives as they realized that they matter and can take care of their health and budget, save money by cutting down on unnecessary spending.



In Delhi, in the month of October 47 child facilitators were trained in First-Aid, emotional wellbeing and sports under Child Health and Sports Cooperatives Programmes. Under Children Development Khazana, Children learnt about need for savings, budgeting and bookkeeping. Post training, Children are capable of managing their cooperatives supporting child members and even community members.



Child Health Educators Learning First Aid



## Emotions Matter— World Mental Health Day 2023

Butterflies along with members of Delhi Child Rights Club celebrated World Mental Health Day on 10th October, 2023 at Central Park Connaught Place, where 500+ children participated by creating canvases/paintings on things that make them happy and through Art & Craft, Fun Games and several stage performances e.g. dance, musical acts, drama, mime show and yoga performances. Through their activities they spread the message that emotions matter. The theme was- 'Emotions Matters' which was printed on a yellow cap given to everyone.



*Yellow is a colour that represents happiness, joy and energy.*

## Focus on Adolescents-Sexuality and Life skills

In popular parlance, Adolescence phase is marked as 'storm and stress' (G. S. Hall), however, we believe, it is also a period of opportunity if guided properly. Butterflies organised two sessions for adolescents. One on 29th of October 2023 wherein 65 adolescents from Butterflies participated and on 29th of November wherein 24 adolescents from Delhi Child Rights Club along with 11 staff participated.



## Bonding with British Airways (BA)

Marking a significant engagement, two teams of overseas-based British Airways (BA) staff from the US and the UK each spent a chock-full day with Butterflies on November 21 and 23, 2023 respectively. Mornings were out in the field at contact points, the sites near markets and transit hubs where Butterflies delivers its street education programme. After a luncheon prepared and served by Butterflies School of Culinary and Catering students, the afternoons featured a collaborative art project. Each BA rep worked on a painting with 4 child artists who collectively determined the artwork's theme, execution, and presentation. The creative art session with children left all 25 BA employees impressed by the children's creativity, imagination, and talent. The British Airways staff recognized how Butterflies' consistent, long-term commitment to children's full participation in decision-making is evident in the children's enthusiastic sense of aspiration, expectation, positivity and potential despite their challenging lives. (Butterflies donors and friends worldwide who fly British Airways mention that British Airways regularly promotes Butterflies as one of the charities it supports on its international flights.)





## Sports for Development

### Sports with Sapien

In collaboration with Sapien, India Office, Butterflies organized Sports day for children and staffs on 30th November 2023. A lot of new games were introduced and children shed their inhibitions, mingled and played merrily.



### Annual Sports-Football for Friendships

Butterflies organized Football for Friendships for adolescents on 30th and 31st of January 2024. 90 players across six teams participated. Apart from players, 335 children and 58 staffs participated. January set the tone for play and sports.



### Annual Excursion and Summer Camp

Excursions and Summer camps play fascinating role in the realm of education for children and adolescents. It has provided children and adolescents specific experiences like independence, perseverance, responsibility, appreciation for differences and mindfulness. Interestingly, camps allow children to learn to live with peers, be accommodative and share, acquire leisure skills and try new things. For children with whom we work, this proves to be a lifetime experience.



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## Engagement with Parents

Parents are deliberate part of the results framework and they are part of our quarterly meetings and sessions. Keeping up with the rise in problematic behavior among adolescents, two sessions were delivered in this half yearly. The first session with parents was held on October 1, 2023. The topic for the session was 'Parenting Skills' wherein 72 parents participated.



*Children Development Khazana continues to be relevant for children for their needs and skills. In CDK, there are 29 open advances availed by children for various welfare purposes which are being monitored by Advance Committee members. In this period, In Delhi one child has taken advance to pay his 12th grade fees.*

## **Arush's Journey with CDK**

Aarush is a child based in a slum of Dehradun. He was an out of school child and was enrolled in School by Butterflies and became part of Butterflies programme including CDK in 2022. When he started going to school, he could secure free uniform from school but lacked shoes, as he always wore slippers. The first few days he did not attend school because he did not have a new pair of shoes. Aarush applied for a welfare advance and got the advance, bought the shoes and continued schooling. CDK came as a great support and motivated him to save more for his goals. He feels proud that he is part of CDK which touches 1023 children's lives on a daily basis.



## **Children's Cooperatives present in-**

<b>National</b>	<b>International</b>
<b>Jharkhand-</b> Pratigya	<b>Sri Lanka-</b> Kantha Shakthi Forum & Rural Women's Front
<b>Rajasthan-</b> Jan Kala Sahitya Manch Sanstha	<b>Kyrgyzstan-</b> Children's Centre Putnik
<b>Bihar-</b> Mahila Development Centre, Purnia and Muzaffarpur	<b>Afghanistan-</b> Aschiana
<b>Maharashtra-</b> Centre for the Study of Social Change, Salaam Baalak Trust, Hamara Foundation	<b>Nepal-</b> Voice of Children, Child Welfare Scheme Nepal and Youth Society Nepal
<b>Orissa-</b> Open Learning Systems and UNNAYAN	<b>Madagascar-</b> ONG Manda
<b>Kerala-</b> SHREYAS Social Service Centre and ACMI Devamatha	<b>Tajikistan-</b> Munis
<b>Delhi-</b> Butterflies	<b>Ghana-</b> Challenging Heights

***We look forward to your feedback and suggestions.***

***Do write to us at-***

### **International Secretariat**

Butterflies

163/4, Jaunapur,

New Delhi – 110047. India.

Tel: +91- 9999321098

Email: [butterfliesngo@gmail.com](mailto:butterfliesngo@gmail.com)

To know more about CHSC [click here](#) and about CDK [click here](#)



*Protecting and empowering children since 1989*