



मार्च - अप्रैल, 2023

दिल्ली चिल्ड्रेन्स
वर्ष 1996 से प्रकाशित
टाइम्स

Delhi
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Times



1 à knd dh dye 1 s

ueLdkj nkLrka

vk kk djrsfd fd vki l Hh cPps vPNs gks vj vi uh xelZdh Nfê; k vPNs l s Q rhr dj jgs gks nl olavj çj gon d {k v k ds fo | k f k z k ds muds vPNs i fj. k k ds fy, 'k k d leuk, A 'fnYyh fpYMA VbEl * ½ epZ vçS ½ dk bl l ky dk ; s nwjk l d dj. l vki ds l keus išk djrs gq gea cgn [k k h gk jgh gA bl çj DCRC dh cBd e: geus dbZegRo iwZe qk i j xgu fd; k x; k t S sfd Risk Behaviour. DCRC ds l nL; k , oa vud l l f k u ds cPps us fo f k u ? W u k v k v j fo "k k i j vi us fo p k j] fp = dy k d fork v k d g k u h v f l o k v u ; e k ; e } k j k Q ä fd; k A r k s v c ge vki ds l keus ç L r q djrs g vki dk vi uk fnYyh fpYMA VbEl A vk kk gSfd ; s vki ds i l n vk x k A



Hubballi Junction, Karnataka Longest Railway Platform

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fxult cql v, Q oyM jcd, MZ (Guinness Book of World Records) eaHkj r ds, d j syos LVs ku dk ule nfu; k ds l cl s yas j syos IyVQ, eZ (World's Longest Railway Platform) ds: i eant Zgk x; k gA ; g gS Hkj r h j syos ea nf{k k&i' pe j syos t ku dk gcyh j syos LVs ku (Hubballi Railway Station) A dukWd ea fLFkr bl j syos LVs ku dk ijk ule Jh fl) k < Loket h gcyh LVs ku gA gcyh j syos LVs ku 20-1 dj k M #i; s dh ykx r l s cudj r s k j gcyk gA ; g dukWd dk, d egRo i wZt d'ku gA mUkj h dukWd {k s ea gcyh Q ki kj dk, d cMk gc gA

IyVQ, eZ u 8 dh yakbZ 1507 ehVj

'lgj dh c<rh t : j r k d s i j k djus ds fy, LVs ku ea i g k u s 5 IyVQ, eZ ds v y l o k r h u, IyVQ, eZ t k M x, gA bu ea l s , d IyVQ, eZ u a j 8 dh yakbZ 1507 ehVj gS ft l us nfu; k ds l cl s yas j syos IyVQ, eZ ds: i ea vi uk ule nt Zfd; k gA l cl s yas IyVQ, eZ l s, d l f k n k s by s D V e l b a u o k y h V u k a d k s g j h > M h fn [k b Z t k x h A

gcyh l s igys xkj [ki g j syos LVs ku nfu; k dk l cl s yak j syos LVs ku ekuk t k r k f k A m U k j ç n s k dk xkj [ki g t d'ku vc nwjk l cl s cMk IyVQ, eZ gk x; k gA bl dh yakbZ 1]366-33 ehVj gA bl ds ckn d j y ea d k y e t d'ku r h l j k l cl s yak IyVQ, eZ gA bl dh yakbZ 1180-5 ehVj gA

Dogri Edition of the Constitution of India launched

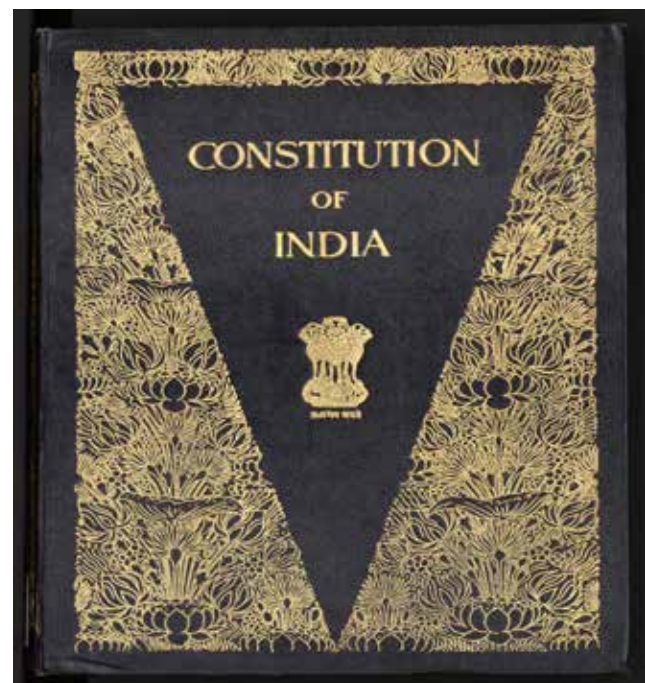
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The first Dogri edition of the Constitution of India was released at the University of Jammu on 8th April 2023. Dogri is one of the 22 scheduled languages in

India. It was recognised as a scheduled language in 2004. Bodo, Maithili, and Santhali were also added in the same year.

Dogri is also an official language of Jammu and Kashmir. Dogri is spoken in the Jammu region and Himachal Pradesh. The language has a rich literary repertoire. It is the lingua franca of the region, in addition to Pahadi. Pahadi and Dogri are very similar. Even Punjabis can understand Dogri and vice versa.

The Law Minister, Shri Karen Rijju, launched the edition during his visit to the University of Jammu.





LokFk vls t hou



Le; dk egRo

(Priyanshi Saul, CASP Delhi Unit)

t hou ea le; dk l cl s cMk egRo gkrk gA le; gj ,d euq; dks vius t hou ea vks c-us ds fy, enn djrk gA t ks ba ku le; dk vPNs l smi; ks djrk gS oks vius t hou ea l Qyrk ckr dj yrk gA vls t ks euq; le; dks Q FLZ djrk gS ml dk t hou fuj FLZ cu t krk gA ge [ks k gyl ekul] i s k 'kgjr] l c okil ik l drs gA yfdu le; dks dHh okil ugha ik l drs gA dgk t krk gS fd le; dk ifg; k gesk ?kerk jgrk gS bl fy, t ks djuk gS oks le; ij djka le; dk rks ev; Hh ugha yxk k tk l drkA ; g ,d vev; /ku gA le; dk t fØ nfu; k dk gj oks vneh dj l drk gS ft l us vius t fuxh ea ml Toy ; 'kl a knu fd; k gA le; dk vPNs l smi; ks djuk t hou ea lef) vls l Qyrk dk chrhd gkrk gA bl fy, t hou ea vxj l Qy gkrk gS rks geal e; dh da djuk plfg, A



Meditation

(Mansi, Jamghat (Aanchal Home))

ejkule ekul hgsvls evki dks meditation dh importance ds cks ea crkuk plgrh gA vkt dy ylx vius vius dke ea cgr gh T; knk Q Lr gks x, gA ylx Ldy vls v, fQl dspDdj ea vius fy; s time ugha fudky i krs gA dk Qh ylx dks vius dke dks ydj dk Qh stress gkrk gA cPps exam ds ot g l s stress yrs

gA vki dks viuk stress de djus ds fy, jkt 5&10 min meditation djuk plfg, A bl l sgekjh mental health improve gkrh gsvls gekjh l kous dh capacity Hh c<rh gA bl l sgekjh lifestyle Hh hea t hy jgsk vls stress Hh de gkska



Indoor & Outdoor Games

(Kalyan, Udyam Trust)

ejkule dy; k kgA es d {k VIII th ea i <rk gwvls Udyam Trust l st M k g y k g A ea cPps ds [ky ds cks ea cr djuk plgrk gA igys cPps ckgj ds [ky [ky r s FLZ t s dh id Me id M b Z [ks [ks fØ d V] , oa vU; [ky A ckgj t k ds [ky us l s cPps d k LokFk Hh vPNk jgrk FLZ vls cgr l kjs life skill l h l us dks feyrk FLZ yfdu vkt dy cPps ?kj is gh Qku ea [ky [ky r s gA ft l l s dbZ gku; k gkrh gA cPps ds l j ea vls v k l ea ann Z gkrk gsvls ekul d LokFk ij Hh cjk vlj i Mrk gA bl dkj .k cPps ckgj dh dbZ activity ugha dj i krs gA gea viuk cpiu Qku dh nfu; k ea ugha fcrkuk plfg, cfyd ckgj vl yh nfu; k dks t huk plfg, A



vxyh d {kk

(Raj - Chandni Chowk & Butterflies)

t s k fd ge l c t krs gA fd bl o"Z l Hh fo | kFLZ vxyh d {kk ea t k xA i jarq dQ bl h d {kk ea jg t k xA vxyh d {kk ea t kus ij dbZ u; s nkLr feyrs gA rks dbZ i gkus fcNM t krs gA [kd dj] 10ha vls 12ha d {kk ds fo | kFLZ ka ds l kfk



; s vuho gkrk gA 10ha ds ckn gekjs ik l eq; r%3 cdkj ds fod Yi gkrk gA ft l es ge vius eu&il an ds fo" k ka dks pp dj viuk y{; ijk dj l drs gA l Hh fo | kFLZ vius il an ds stream pors gA bl dkj .k dbZ fe= fcNM t krs gA rFLZ 12ha ds i' pkr gea vius vR f/kd fe=ka dks vyfonk dguk i Mrk gA yfdu vxyh d {kk ea t kus l s gea dbZ cdkj dh u; h t kudkj; la feyrh gA rFLZ t ks geus igys i < j [kk gS ml ds cks ea vls Hh t kus dks feyrk gA ge viuh l Qyrk ds vls Hh ut nhd igp t krs gA t ks Hh gk fo | kFLZ t hou rFLZ Ldy ea dh xbZ ek & eLrh dks dHh Hoyk ugha t k l drk gA ; g le; l cds t hou dk diamond period gkrk gA





/kjh rhpvk

ENVIRONMENT



Vasundhara
9th A
Environment
Dr. A.V. Baliga
Memorial Trust.

i; kbj.k

(Chandni Kumari, CASP Delhi Unit)

okroj.k gekjs vki ik dh ck-frd
pht kal scurkgt s schim i ksk igm
t ay] unh rkyk] th t rqb r; kna
gea vius okroj.k dks LoPN , oa cpk
ds j [luk pfg; A gea gekjs okroj.k l s
v, Dl ht u] Qy] l G h ydME; k nob; k
vkn feyrh ga gea iM&iskha dks ugha
dkVuk pfg, cfd T; knk l s T; knk
iM&iskhs yxkus pfg, A gea IyKLVd dk
de bLreky djuk pfg, A bl ds cnys
gea diMa ds Fkyla dk bLreky djuk
pfg, A gea xlyk vly l vkk dMk vyx
Qaduk pfg, A bu l c l s gekjk okroj.k
l g fkr jgska iM gSrks ge ga

Save Water

(Sneha, A.V. Baliga Memorial Trust)

ejkule Lugkga esA.V. Baliga Memorial
Trust l sgt esvkt ty dsegro dsckjs
eavki l c dks crluk plgrh ga t s sge
vkt & dy nkrsgafd ty dsfcuk gekjk
thou ugha /kjh ij thou dk l cl s
t: jh l r ty ga D; khd geat hou ds
l Hh dk, k dks fu'iknr djus ds fy,
ty dh vlo'; drk ga t s sihus ds fy,
Hkt u cucus ds fy,] ughus vly diM
/kus ds fy, A iM&iskha ds fy; s Hh ty
cgr vlo'; d ga gea [kys gq uy dks
ca dj nuk pfg, A /kjh isihus ds fy,
cgr de ikh cpk ga euq; dk 'kjh
yxHx 70% ty l scuk gpk ga ty gh
thou ga

t k uk t kxk ty ds fy,]
oks uk cpsk dy ds fy, A



Nama-Madhvi, Udyam Trust

Plastic Recycling

(Ritik, A.V. Baliga Memorial Trust)

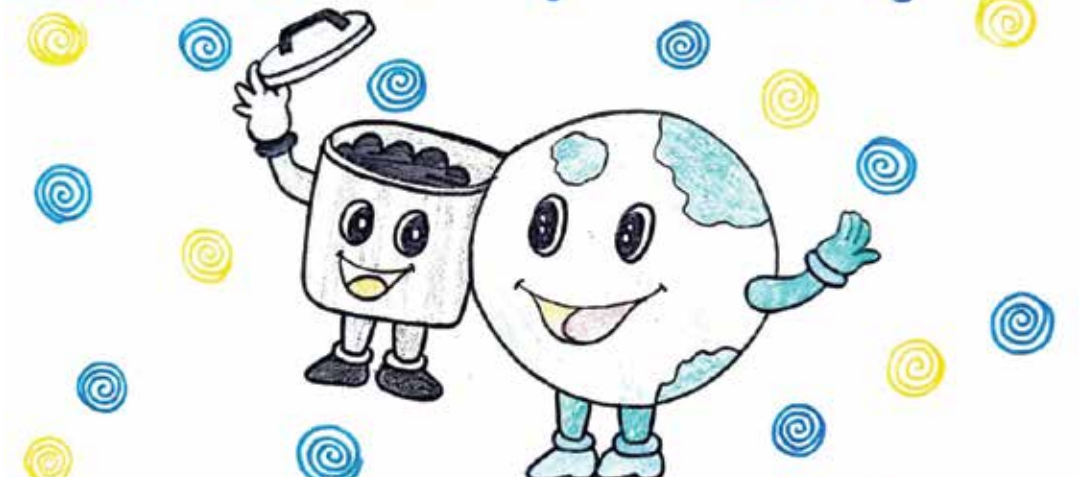
ejk ule fjfrd gS vly esA-V- Baliga
Memorial Trust ea i<rk ga vkt ds
l e; dh , d cgr cMh l eL; k IyKLVd
gS vly esvki ds l leus vkt bl is vius
fopkj Q ä djuk plgrk ga IyKLVd bl
nfu; k l s dHh [k ugha gkrk & ; s uk
l Mrk gSuk xyrk ga vxj IyKLVd dks
tyk k t krk gSrks cnvk k gkrk gSft l l s
vLFekj d s j] t s h chckj; k gkrh ga
bu chckj; k l s vxj dkZ xqjrk gSrks
ml ds iys ifojk ds fy, d fBu gk t krk
ga geavf/kd l svf/kd isij c s dsq; k
djuk pfg, A ij ; s ckr Hh l p gS dh
dN pht k ds fy, gea IyKLVd c s dh
vlo'; drk gkrh gh ga jkt luk gekjs?
kja ea dk Qh cgr l s IyKLVd c s vkr
gS vly ; s gekjk drZ curk gS dh budk
ge Qda ugha cfd re&ue dja gea
plastic bgs vly bottle dks bdek djuk
ga bl l s bricks cu l drh gS ft l dh
l gk rk l sge dog house cuk l drsga
ge plastic bottles l s pen ; k pencil
holder Hh cuk l drsga vxj gekjs ik
IyKLVd cgr vf/kd ek-keagSrks bl l s
fevicol Hh cuk k t k l drk ga bl fy,
IyKLVd dks Qda ugha cfd bl s nekjk
mi ; k djus ds l kku <vka



Mama
9th B
Environment
Dr. A.V. Baliga
Memorial Trust.

GO GREEN AND MAKE OUR
EARTH A BEAUTIFUL PLACE TO LIVE

HAPPY EARTH DAY



Pick up your shit

Mama
9th A
Environment
Dr. A.V. Baliga
Memorial Trust



gekjh dgkfu; k



ejsl iu\$ ejh mMku

(Golu Kumar, Sadar Bazaar, Butterflies)

t hou ealiuak dk cgr cMk egRo gA ftl
çdkj ty fcuk eNyh ughajg l drh ml dk
dkbZegRo ughagrk ml hçdkj liuka dsfcuk
Q fä dk dkbZegRo ughagrk gA og tkuojka
dsHkr t hou thjgkgrk gA bl fy, gj Q fä
dk, d liukt: j gkuk plfg, rkd oksviuk
t hou [kjh l s Q rir dj l dA bl hçdkj ejk
Hh, d liuk gSfd eä cMk gkdj, d MDVj
cupvls mu yskladk bykt d: j tksxlch ds
dkj.k viuk bykt ughadjok ikrs vls bl fy,
ekr fd xkn eal kus ds fy, et cju gk t krs
gA gekjs nsk eal jdkjh vLi rkyka eacgr l h
dfe; k gA vls MDVj dh furkr vko'; drk
gA eä s, d sdbZgnl snq ks gA ft l es Q fä dh
ekr MDVj dsikl uk yst kik us ds dkj.k gPZ
gA t s dh ejs xlp ea, d efgyk dh eR, q, d
l lek; l h çekjh dk l gh mi plj uk feyus ds
dkj.k xhij gkus l s gks xbA bl gnl sus ejs
fny vls fneix dks fgyk dj j [k fn; k dh ek=
, d bykt ds vHko ea Q fä dk vev; t hou
; wgh u"V gk t krk gA bl fy, eä MDVj cu
dj gj Q fä ds LokkFk dks cpkdj ml dst hou
ds eV; dks cukuk plgrk gA

ejsl iuka dh 'k; j l &
l czdk Hs k ckak uk Vw\$
xlyk dfler dk ?k vpk
pa eghus ckdh gA
eä MDVj cudj yk vka



Hkjr n' kA

(Labhi, Riya- Butterflies)

22 ekpZ 2023 dks ge Butterflies ds cPps, d
fidfud ij x; sFla ge fidfud dsfy, Hkjr
n' kA ikdZx; A Hkjr n' kA, d ikdZgSt ksf
fnYh ds iakch ckx ea gA ge l çg 10 cts
cl l sfudys vls jkLrs Hj rjg&rjg ds xkus
ctk vls xkrs gq igpa igprsg h gea Hs k

nnh us clyk dh ge vaj dgha Hh ?k l drs
gA ogk geus nsk dh ijs Hkjr ds, d h, d h
bekj rha dks ygs l s cuk, k x; k Flk t ks nsk us
eafcydy vl yh yx jgs FlA gea irk pyk
fd ; gk dy 21 monument gA t k dh waste
material l sr\$ kj fd, x; s gA geus Gateway
of India, Taj Mahal, Hawa Mahal, Nalanda
br; kn vud monument nsk l cl svPNh chr
; syxh fd l Hh plt ayks ds waste material l s
cuh gPZ gA t s & dh y] j, M l fj; k l h fdy]
clbd ds ekvj br; knA ; g nsk ds l e> vk
jgk Flk dh bl dks cukus eafdruh egur vls
fneix yxk gkska iyk ikdZ vaj l s d k Qh cMk
vls l Q&l kjk FlA gj t xg vks cMk yxk
gok Flk ft l isiyh t kudjh vls ml t xg dh
fo' kkrk crk h xbZ FlA pljka rjQ dbZ xMz
Fls ft l gkus gel s dk Qh I; kj l s chr dh vls
l e> k; ka geus gj t xg l leus jk k ds rjg
cB dj Qk/ks Hh f [kpk ha bueal s d n t xg la
dsckj seage t krs Fls vls d n dsckj seaml h
fnu irk yxka nkgj dk Hk t u vls ckn ea
fj Q k l v dj dsge ?k fQj dsok l vk x, A

jet ku dk eghuk

(Naseema, INA- Butterflies)

ejk uke ul lek gS vls eä But t erfl ies ds
INA cont at point l s gA t s k fd vki
l Hh t kurs gA jet ku bLyke /keZdk çfl) vls
ilou R, k gj gA jet ku dk eghuk gj eq yeku
dsfy, [k d gkrk gA bl jet ku ds eghus ds
fy, l Hh cPp\$ cM\$ cws cgr gh mRl q jgrs
gA bl eghus ea eq yeku 30 fnu jk t s j [krs
gA cPp&cM\$ l Hh cgr [kjh l s jk t sj [krs gA
t c eä sigyh çkj jet ku eajk t k j [k rks eqs
cgn [kjh gPZ D; k d eqs bl fnu dk cgr
odr l s bart kj FlA igys jk t s dks [k yus ds
fy, ge l Hh ?kj oky\$ efeh iki k Hh Zcgu]
vls nkr bd ek gqA geus l kfk ea uekt i<h
vls jk k [k yka jet ku ds eghus eal Hh yk
bZ dsfy, 'kfi x djuk 'kq dj nrs gA bZ
dk bart kj l cdks cl ch l s gkrk gS D; k d bl
fnu l cdspgjsis, d vyx l hjk d gkrh gA
l c yk u; s u; s di Ms igudj r\$ kj gkr gA
vls l Hh ?kj ka eal ok; k curh gat kyks l kfk
feydj [krs gA yk bZ dh uekt ds fy,
bZ xlg t krs gA vls ml dsckn, d nwj sl sxys
feyds bZ dh eqkj dckn nrs gA

ejs t fmxh dh l cl s cMh [kjh

(Gungun, Okhla
Mandi- Butterflies)

eä dky, d e< oxZi fjokj
dh l nL; gA ejs ifjokj
ea eä vius ek r k firk nks
Nk h cgua, oa nkh ds
l kfk jgrh gA ejh nkh



ijajkr rls rjhds l s t fmxh t hrs vk jgh
gA og ge sk yM d; ka dks yM d l s derj
l e> rh vk h gA, d fnu eä s vius iki k dks
dgk & i k k eqs LdWh plfg, BA iki k us eq l s
i Wk l c v h vki dks LdWh pykus vkrh gA eä s
dgk fd eä s dks pax t krs l e; viuh nkr l s
l h [k y h gA iki k us [kjh l s dgk Bhd gS vls
eku x; A oghacxy eacBh nkh us viuh i gkuh
l k p dks Q ä fd; k & g ekjs t ekus ea yM d; ka
dks l W&l yokj fnyk k t krk Flk; gk rks LdWh
fnyk h t k jgh gA vjs bruk NW uk ns plj h
dkA iki k us cgr l jy 'k nka ea t ok fn; k
f park uk djka eqs xoz gS ejh c v h is vls
; dhu gS dh fd l h fnu ejk uke jk ku djs l fA
eä ik [k vsgg; g chr l q jgh FlA vk [k ea
vkl wfy; seä s iki k dks xys l syxk fy; ka ; g
iky gj c v h dks [kjh ns l drk gA, d fir k
} jk c v h ds gd ds fy, yMuk vek chr ugha
gA dfler okyka dks feyrs gA, d s fir ka

i k k dh gj chr dcy g\$
i k k dsfcuk; snq; k Qft y gA

ejh t fmxh dk l cl s ; knxkj fnu

(Komal, Protsahan India Foundation)

16 Qjoh dks t c eä vius contact point ij
i< jgh Flh rc eqs l uk nkh useq l si Wk fd
D; k r e UNICEF v, fQl t k v k h ogk dkbZ
çsk e gS ft l es, d celebrity vkus okyk gA
eä s nkh dks gk cly fn; k vls; s l k p & l k p
ds eü c i t e d gkus yxh fd vk [k dks vkus
okyk gA; g dk De 18 Qjoh dks gkus okyk
Flk vls ml fnu eä vls l {k l k m u h p k l l s
, d Hs k ds l kfk UNICEF v, fQl igpa vaj
t krs gh gea gj t xg Ayushman Khurrana
ds posters vls plot os yxh fn [k vls gea
l e> vk x; k fd ogh vkus okys gA t c rd
ckdh cPps vk jgs Flk geus, d dejs ea t kdj
viuh speech r\$ kj dha Flh h gh nj ckn]
djhc 12 cts Ayushman Khurrana vk s vls
eä mudk nsk dj shocked jg xbA eqs; dhu
ughagyk dh oks ejs l leus [k vsga fQj geus
Flh h chr p h r fd] muds l kfk xkus Hh xk A
fQj ge çkj medi adsl leus x; svls ogk ij
eä s viuh speech nA ge l c cPp l eus feydj
, d j s Hh x; k 'All Rights for All Children' A
ml dsckn ge l c vius ?kj yk v x; A ckn ea
eqs Hs k us chr k fd Ayushman UNICEF
çsk e ds Brand Ambassador cu x; s gA rks
; s Flk ejh t fmxh dk l cl s; knxkj fnuA





l ekt vls ge



ejhs vf/kdkj ejh igpku

(Arbaz, Nizamuddin Dargah, Butterflies)

ge l Hh t kurs gsd vf/kdkj gekjsfy, vkr vkr; d gS vls vkt ds nks ea viusvf/kdkj kdsfy, l kdkj djuk dQh vkr cr gS ysd dN ylx vf/kdkj ka dk okrfod vFZ ugha t kurs gS vf/kdkj og ekx ; knos gks gS ft l sl ekt Lohdkj dj yrk gS t c rd dkbZ Hh l ekt ekx ; knos dks Lohdkj ugha dj yrk gS rc rd og fl QZekx ; knos gh dgys xA og vf/kdkj ugha cu l dra bl fy, ekx ; knos dks l ekt dh Loh-fr fd vlo'; drk gkrh gS vf/kdkj ka ds fcuk dkbZ Hh Q fa viuk l a vZ fodkl ugha dj l drkA vf/kdkj gh Q fa dk l a vZ fodkl djrs gS t S sdgk Hh x; k gS vf/kdkj ka l soapr Q fa fi t jseaca iNh dsl eku gS ft l cdkj fi t jseaca iNh mM ugha l drk Bhd bl h cdkj l s vf/kdkj ka l soapr Q fa viuk l okzh k fodkl ugha dj l drkA gekjsvf/kdkj gea vius drZ ka dh ; kn fnykrs gS

l e>ks dkbZcVh dk nnZ

(Gudiya, Protsahan India Foundation)

ejk uke xM; k gS ea ckr l gu bM; k QkmaBku l s gS ea vkt vki ds l leus , d egroi vZfopkj Q ä djuk pkrh gS ejh , d fe= gS ft l dks ea dQh l e; l s t kurh gS oks eq l s viuh fut h t fnxh l s t Mh l kjh l eL; k ; l k>k djrh gS plgs ml dh t fnxh ea [kjh gks ; k nqk oks l kjh ckr aeqscrkrh gS , d ckj ml us eqs viuh t fnxh dh , d h ckr crk h ft l sl qdj ea vk p; Zfdr gks xBZ ejh fç; fe= 15 l ky dh gS ml ds vius l t ekek ml ds l kfk buse djrs gS vls ml dks xyr rjhds l s NMs gS ml us ; s ckr viuh efeh dks crk h i jarqml dh efeh us ; s ckr ekuus l s budkj dj fn; ka vius

i ki k dks crkus l s Mjrh gSD; kcd ml ds i ki k fga k djrs gS vls i h vA bu l c ds dkj .k gh og ruko vdepression/2 ea pyh xbZ gS oks jkr fnu viuh ekuf l d flrfk dks ysdj jkrh jgrh gS vls ml us vius 'kjij dks gfu i gpus dh dks' k k fd kA viusgh ?kj ea; sl qfkr egl w ugha djrh gS ejk ekuuk gS fd ml ds ekrk fir k dks vius cPps dh ijs kuh dks l quk plfg, A ml s udjkuk ugha plfg, A mudh crka dks l qdj vls l e> dj mfpr dne mBkus plfg, A

gekjh l l-fr gekjh igpku

(Hikayat, Navjyoti Foundation India)

vxj l l-fr ugha gkrh rks l a kj ugha gkrA gekjh l l-fr gekjs nsk fd igpku gS l l-fr ds fcuk nsk dk fodkl ugha gS l drkA ekuo t hou l l-fr ds fcuk i'kye ds l eku gS gea l l-fr l scgq dN l h kus dks feyrk gS gea vius Hkrh; l l-fr ij xoZ gS l PpbZ dN fnu l adV ka ea Hys jg l drh gS ysd vaks ea ugha jg l drhA uk rks l PpbZ dks nck, k tk l drk gS mu cfynku vls R, kx dks ; kn djds gea vius t hou ea vkus okyh l adV l s yMuk gsk vls vius nsk ds fy, Hh ; gh drZ fuHkuk plfg, A viuh l Hrk dk gesk l Eku djuk plfg, A

t c rd l l-fr gS rc rd vl gS fcuk l l-fr ekuork dk fouk k gS



efgyk fnol

(Afsana, Udayan Care, Home-12)

D; k vki ylx ka dks irk gS fd efgyk fnol dc eukrs gS efgyk fnol 8 epZ dks ekurs gS vls bl ckj efgyk fnol vls glyh, d gh fnu kA ge l c usglyh rkeukBZ gskh ij D; k l cusefgyk fnol euk, ka os s vki ylx ka dks D; k yxrk gS fd efgyk fnol D; ka eukrs gS ge ylx efgyk fnol bl fy, eukrs gS D; kcd efgykva dks l Eku ugha feyrk gS vls dbZ ylx efgykva i# "ka l s de l e>rs gS ijs ?kj dks efgyk gh l Ekrh gS vls vkt dy t k de i# "k djrs gS og efgyk Hh djus yxh gS D; k vki us dHh l kpk gS fd vxj nfu; k ea efgyk ugha gkrh rks D; k gkrk vxj efgyk gh ugha gkrh rks vki bl nfu; k ea dS s vkrA gea ek dk I; kj , d s feyrk f'kk us efgykva dks vkr fuHk, cuk fn; k gS rHh rks vkt gekjh jk V i fr Hh , d efgyk gS efgyk fnol dk ; seryc ugha dh i# "ka dks efgykva l s Nk k l e> k bl dk ; s eryc gS fd efgyk vls i# "k dks ckj l Eku vls vol j feyuk plfg, A vr% gea efgykva ds l Eku ea efgyk fnol eukuk plfg, A

INTERNATIONAL Women's Day



ek

(Nitin Gupta, Sadar Bazar, Butterflies)

ek dh eerk ek dk I; kj] >Bk gS l kj l a kj A xknh mBkrh ykj h l qkrh i gys gedks [kuk f [kykrh nyv ugha jgus nrh vki wughacgus nrh dks gSt x ea ek ds t S ka l kuk plqh #i ; k i S ka ek dh yM ek dk nykj] >Bk gS l kj l a kj A





cky i = dkj

Blue Umbrella Day

16th March

ejk ule funk gsvs ead{k vkBoh dh Nk=k gA eA Butterflies (Okhla Mandi Contact Point) l s gA eA vkt vki dks 'Blue Umbrella Day' ds ckjs ea crkuk plgrh gA 16 vcsy dk fnu gj l ky 'Blue Umbrella Day' ds : i ea euk k t krk gA ge Butterflies ds cPplaus Hh rhu vyx vyx dk De dj dsbl fnu dks euk ka geus Ma | ebe 'Hk vls uoDM ukVd ds t fj; s Nk/s yMda ds l kfk gkus okys 'Hk k ds ckjs ea ykka ds chp t kx: drk QSyk; ha bu performance dh Vsuax gea 'Hk k us nA geus ; s dk De fut keqhu jsyos LVs ku vls fnYyh gV eafd; ka



BBC dh ut j l s

ue' dkj nHrka ge Butterflies Broadcasting Children vki ds l leus vi us dk De ^cPplaus dh ut j l s } kjk dh xbZ Blue Umbrella Day is pplZ ds ckjs ea crkuk plgrs gA nfu; k Hj ea6 eal s l yMdk 'Hk k dk f' kdkj gkrk gA ; g vuho yMda ds ekuf l d LokLFk vls dY; k k ij cjk vl j MyrsgA yMda dsbl h ; ku 'Hk k ds eqs dks mt kxj djus ds fy, nfu; k Hj ea 16 vcsy dks Blue Umbrella Day ule l s, d vfk; ku pyk; k t krk gS rkd ykka ds chp bl xHj l eL; k dh t kx: drk QSyA



Butterflies ds cPplaus Hh bl vol j ij , d dk De cLrq dj ds ykka ds chp t kx: drk QSykus dk dle fd; ka ^cpiu i plnk gkrk gS 'Hk k l uoDM ukVd ds t fj; s cPplaus vius cpiu ds vucl vuho dks n' kZ k ft l l s ykka ds oks ckr i rk pyh ft l s vDl j ut j vnt dj fn; k t krk gA dk De cLrq dj us okys cPplaus ; s n' Hk ds dks 'k k dh fd t : jh ugha gS fd gea [krjk cl vut ku ykka l sgA T; mkrj cases ea gekj s fd l h t kuus oky l sg h gea [krjk gkrk gA ebe 'Hk ds t fj; s Hh bl ugha krka ij cPplaus fcuk dN cky; vius vfhA; ds t fj; s jk kuh MyhA



ogha Ma ij Q, j ea t, u yuu dk xuk ^imagine* ds t fj; s 'Hk dk l nsk QSyk k vls , d , l h nfu; k ds ckjs ea crk; k t gla cjk bZuk gla va' ea cPps ^, s fny gS eq dy t huk ; gk t jk gV ds t jk cp ds ; s gS cpiu ejh t ku* cky okys BUD song ij > vs vls dk De dh l ek l r dhA

bl vol j ij Qs k t k dh t lek e f l t n d l vDl i, bV l sg us dgk & l ge vDl j yMfd; ka ds l kfk gkus okys 'Hk k ds ckjs ea crk djrs gA y s du vkt uoDM ukVd ds t fj; s ge ykka ds t kx: d djuk plgrs gA fd yMda dks 'Hk k l s ds scpk; k t k, A gea yMda dh l g {k djuh plfg, vls mudh t : jr cuuh plfg, BA

ogha gFh i kdZl s jkgr dekj us dgk & l ge vkt ebe 'Hk ds t fj; s ykka dks t kx: d djus vk; sg dh yMda ds l kfk Hh 'Hk k gkrk gsvs dbZxyr plt agkrh gA ge plgrs gA fd yMds Hh l g {k r egl w dja eqs; s dk De djrs gq cgr [kjh gks jgh gS D; k id eA Hh , d yMdk g vls bl ds t fj; s eqs enn feyxh vls ejs t s vls dbZ yMda dks enn fey l drh gA



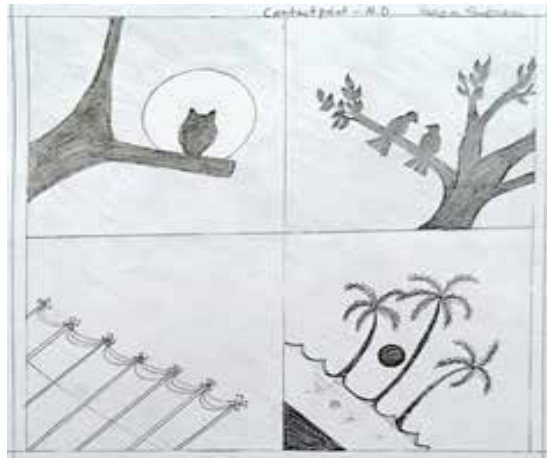
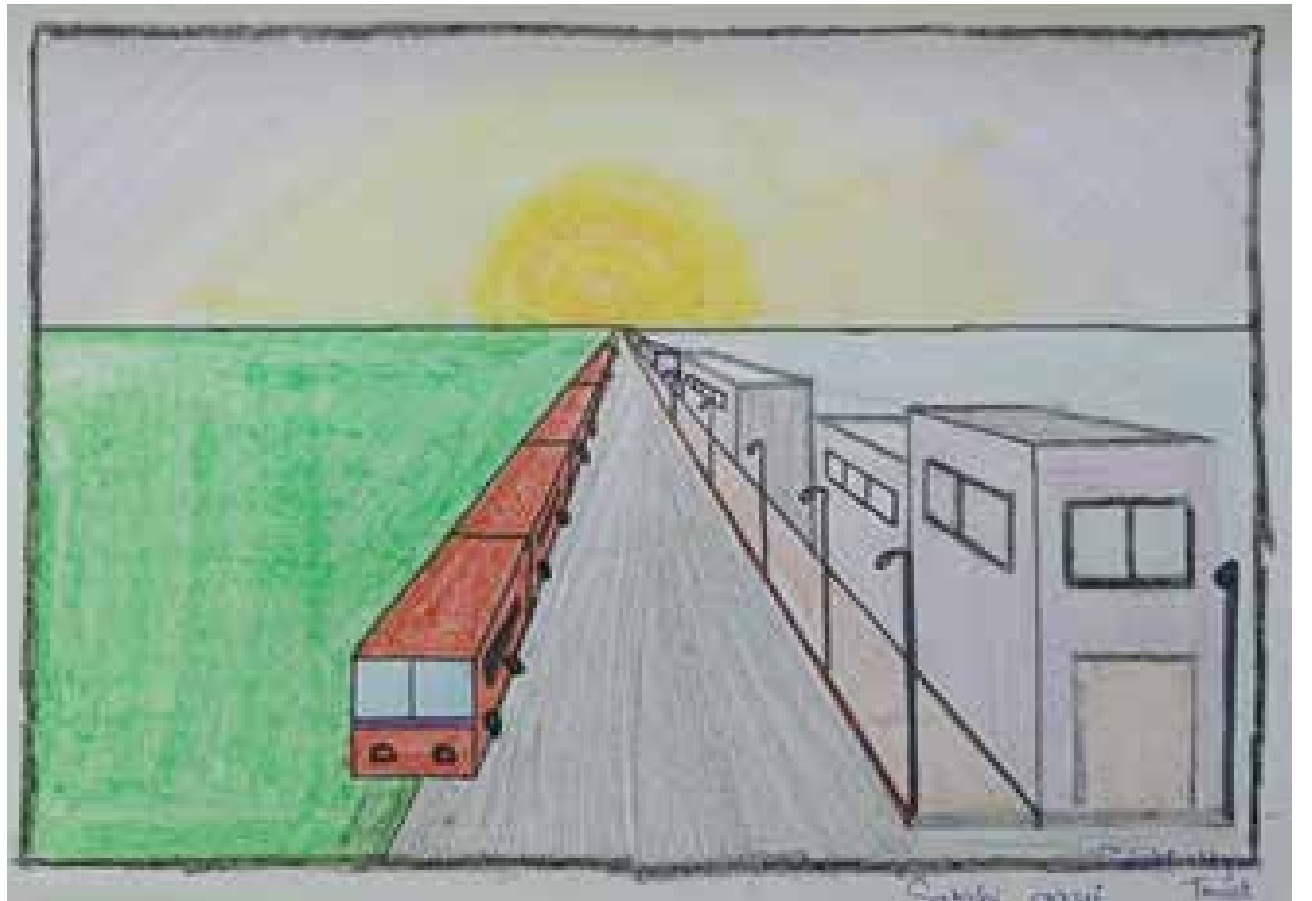
gFh i kdZl s fgeka kus dgk dh l eqs vkt ds dk De l s; s enn feyh gS fd vxj d Hh , l k ejs l kfk gkrk gS rks ea cky use al {le j gA



dk De l ek r gkus is gekj j hrk nhn us dgk & l Blue Umbrella Day ; k BUD campaign , d varjZVh campaign gS t k s yx Hx 22 n's ka ea pyk; k t krk gA t c ge 'Hk k dk f' kdkj gA bl fy, gea vius yMda ds ckjs ea Hh l kruk t : jh gS vls mudh Hh l g {k dk /; ku j [kuk plfg, A t k s 'Hk k djrk gS ml ds [ky Q l [kr djok; h gkus plfg, BA



fp=dk's k





[ky vls eukj t u

A Prickly Word Search Puzzle

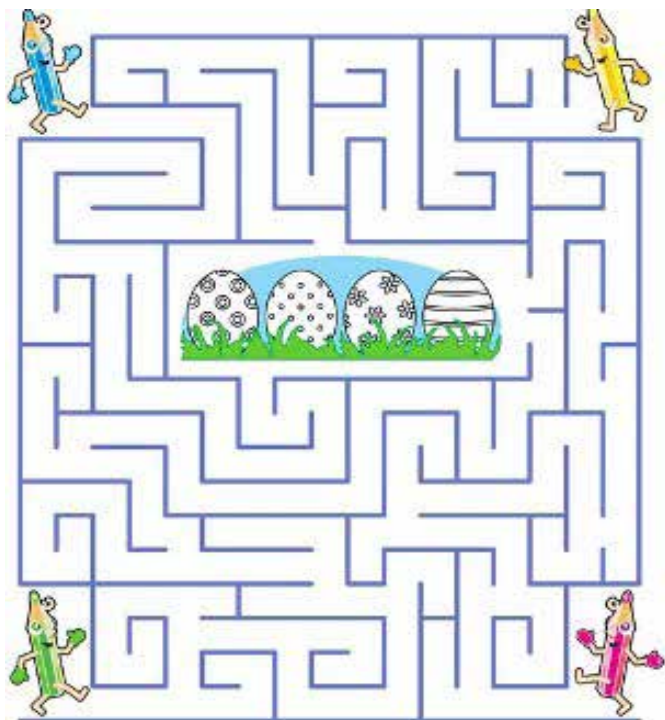
Roses are one of the most popular flowers of all. But they usually come with thorns. With that in mind, here's a prickly puzzler.

Although there are 40 words listed below, only 20 of them are actually in the puzzle. Circle the words you find in the puzzle, and then circle them in the word list, too.

D	E	E	W	E	D	D	I	N	G
O	F	D	W	O	L	L	E	Y	R
E	L	B	E	E	V	O	L	E	E
C	O	U	Q	R	L	K	Z	C	E
N	R	R	F	I	C	I	N	N	N
A	I	H	O	I	L	Z	E	A	H
R	S	S	R	I	T	R	D	M	O
G	T	P	T	H	E	U	R	O	U
A	V	R	O	T	N	I	A	R	S
R	E	R	A	W	O	R	G	E	E
F	N	W	T	E	U	Q	U	O	B













arrange beautiful bouquet clippers cultivate deliver dozen fertilizer florist flower	fragrance garden gift greenhouse grow leaf love pink plant prickly	prune rain red romance rose scent shrub soil stem sun	supplier surprise thorn vase water weather wedding weed white yellow
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FUN ANIMAL FACTS

Everyone should know

 <p>Sharks are only able to move forward, and they can die if they swim backward.</p>	 <p>Unicorn is the official national animal of Scotland.</p>	 <p>Saltwater crocodiles have the most powerful bite in the world.</p>
 <p>A single ant can carry 50 times its own body weight.</p>	 <p>Horses are capable of seeing nearly 360 degrees at one time.</p>	 <p>One species of jellyfish is immortal. It's name is <i>Turritopsis dohrnii</i>.</p>
 <p>Pandas love to be alone.</p>	 <p>Scientists believe that penguins have evolved from flying birds.</p>	 <p>Dogs can detect cancer in their owner's body.</p>
 <p>Platypus is the only animal that has no stomach.</p>	 <p>Male bees are unable to feed without assistance from female bees.</p>	 <p>Monkeys always eat bananas after peeling.</p>

check out more fun facts at www.shiningbrains.com

आप भी बाल पत्रकार बन सकते हैं

अगर आपकी उम्र 9 से 16 वर्ष के बीच है तो आप भी बाल पत्रकार बन सकते हैं।
अगर आप बाल पत्रकार के रूप में अपने आस-पास घट रही घटनाओं को इस अखबार के माध्यम से उठाना चाहते हैं तो आपका स्वागत है।
आप बच्चों से जुड़े किसी भी मुद्दे पर अपने विचार, लेख, फोटो, चित्र आदि इसमें छापने को भेज सकते हैं शर्त बस इतनी है कि यह आपकी अपनी रचना होनी चाहिए। यह अखबार आपकी राय को दूर-दराज इलाकों तक पहुंचाने की पूरी-पूरी कोशिश करेगा।
आप अपनी रचना हमें लिखकर भेजें और जहां भी जरूरत हो संदर्भ का उल्लेख जरूर करें। आप अपनी रचना के साथ अपना नाम, उम्र, स्कूल/संस्था, पूरा पता फोन नम्बर आदि जरूर भेजें।
हमारा पता : संपादक मंडल, दिल्ली विल्ड्रेन्स टाइम्स, द्वारा बटरफलाइज़,
163/4, प्रधान वाली गली, गॉव जौनापुर नई दिल्ली 110047
पुरस्कार : तीन सबसे अच्छी रचनाओं को आकर्षक पुरस्कार दिए जाएंगे

यह अखबार 9 से 16 वर्ष की उम्र के बच्चों द्वारा लिखित, संपादित एवं प्रकाशित है। इसका उद्देश्य दिल्ली एवं इसके आसपास के इलाकों को बच्चों के लिए सुरक्षित एवं दोस्ताना बनाना है। यह अखबार दिल्ली बाल अधिकार क्लब द्वारा बटरफलाइज़ के सहयोग से प्रकाशित किया जा रहा है।

दिल्ली बाल अधिकार क्लब C/O बटरफलाइज़, 163/4, प्रधान वाली गली, गॉव जौनापुर नई दिल्ली 110047
भारत फोन : +91-11-35391068, 69, 70 E-mail : butterfliesngo@gmail.com
परियोजना सहायता : Misereor Katholische Zentralstelle, Furenwicklungshilfe.V. Germany
केवल निजी वितरण के लिए

सहयोग राशि: 5 रुपये

- u; k l ā kndlr; clmZ
- ef; l ā knd
- clēy (Protsahan India)
- l gk d l ā knd
- yfk (INA, Butterflies)
- l kfu; k (Navjyoti India)
- p kBYM fj i kZ Z
- (Butterflies)
- [kjkw(INA)
- Qk k (Jama Masjid)
- pUhw(Nizamuddin Dargah)
- l a ksh (Kashmere Gate)
- funk (Okhla Mandi)
- vk kpkk (Chandni Chowk)
- olj (Sadar Bazar)
- xqxq (Okhla Mandi)
- j kgr (Hathi Park)
- g'kz (Apna Ghar (SBT))
- bj'kn) /kjt (SPID)
- foulrk (Angaja Foundation)
- vfnfr) vk z (AV Baliga)
- jglu) veu) [kjkw(Jamghat)
- vāq(Bal Sehrog)
- i hgydY; k h i yd (Udyam Trust)
- j ksd) dkt ky) dkey) xkm k (Prabhat Tara)
- vQl kuk (Udayan Care)
- xhrk fy) [kjh (Alambh)
- fodkl dckj (Don Bosco)
- 'os-h Qkrek (CASP Delhi Unit)

