

My Pocket Booklet
on
Health Care Services Near Me

Developed by we the children of-



About this Booklet

The idea of this booklet first emerged in our monthly Child Health and Sports Cooperative (CHSC) meeting. A series of CHSC meetings were conducted to address the issue, and after discussions, we members from all the eight contact points collectively decided to undertake a mapping of the locally available health services.

The purpose of the mapping was to identify health care facilities where qualified doctors and other medical staff provide free treatment or at nominal rates. Anganwadi Centres were also identified for working parents, pregnant or lactating mothers, and adolescent girls who can avail basic health services such as nutritional food for children aged 0 to 6 years, counselling for family planning, pregnancy, puberty, sanitary pads for adolescent girls, and immunization.

District- South

Okhla Mandi

<p>Delhi Government Dispensary Address: Srinivaspuri Extension, Block K, Private Colony, Srinivaspuri, New Delhi, Delhi 110065</p> <p>Days: Monday to Saturday Time: 10.00 am to 2.00 pm</p> <p>Facilities available: General Physician and Gynaecology Referral Facility: Available. Generally refer to Mohalla Clinic of Gandhi Hospital Visiting Consultant: Doctor from AIIMS (Once a week) Lab Facility: Blood, Urine and Stool</p>	<p>Savera Hospital (Charitable Hospital) Address: Basti Vikas Kendra G-Block, Swami Pranavananda Marg, opposite Cambridge School, Sri Niwaspuri, Delhi 110065</p> <p>Days: Monday to Friday Closed: Saturday and Sunday Time: General OPD: 9.30 am to 3.30 pm; Physiotherapy Centre: 1.30 pm to 3.30 pm;</p> <p>Eye OPD: Free Eye check-up on Monday, Wednesday and Friday Lab Facility: Available and chargeable at 50 per cent discount for Savera patients Other facilities: Free eye check-up, surgery and free medication pre and post-surgery for cataract patients who cannot afford it. Health Camps: Every month to detect diseases such as Cancer, HIV, Typhoid and Malaria, Haemoglobin etc.</p>	<p>Aganwadi Centre- Gandhi Camp Days: Monday to Friday; Time: 9.00 am to 12.00 Noon</p> <p>Facilities: Teaching, Counselling, Awareness Programs, Vaccination for pregnant women and lactating mothers and children, Services under ICDS ANM visits twice in a month (Ms. Pinky and Ms. Renu)</p>
<p>Aganwadi: Gandhi Camp- Kali Charan Jhuggi Staff: Neelam- Anganwadi Worker, Neha- Angawadi Helper Days: Monday to Friday; Time: 9.00 am-12.00 Noon Age: 0 to 6 years old children Facilities: Planned activities for those children (learning and skill development), Services under ICDS,</p>		

<p>Teaching, and Vaccination, Health Camps organized by govt. Visit by ANM: Twice a month</p>		
<p>INA</p>		
<p>NDMC Dispensary, Near Barat Ghar, East Kidwai Nagar Address: Near Barat Ghar, East Kidwai Nagar Days: Monday to Friday; Closed: Second Saturday Time: 10.00 pm to 4.00 pm Facilities: Homeopathy, Ayurveda, Recreation room, Pharmacy Doctors: Dr. Madan Narain (Family Physician); Dr. Madhu C. Singh (Family Physician- Female) Referral: No Visiting Consultant: No Lab Facility: No Adolescent Friendly Clinic/Services: No Senior Citizens' Clinic: All days, 8.30 pm to 4.00 pm</p>	<p>Anganwadi Centre: Near Durga Saraswati, East Kidwai Nagar, New Delhi- 110023 Time: 9.00 am to 1.00 pm AWW- Nirmala Yadav, AW Helper: Nandani ANM Visit: Once a month Facilities: Teaching, services under ICDS, vaccination, counselling and awareness programs for adolescent girls, children, pregnant and lactating mothers</p>	
<p>Nizammuddin Dargah</p>		
<p>Dispensary Name and Address of the Dispensary: SDMC Polyclinic, Nizamuddin, Nizamuddin West, New Delhi- 110013. Days: Monday to Saturday Time: 9.00 am to 3.00 pm Facilities available: Pharmacy, Immunization, Dental, Gynaecology and ENT and Pathology Lab.</p>	<p>Anganwadi: Near Baoli Days: Monday to Friday; Time: 9.00 am to 1.30 pm AWW- Nirmala Yadav, AW Helper: Nandani ANM Visit: Once a month Facilities: Teaching, services under ICDS, counselling and awareness programs for adolescent girls, children (0 to 6 years), pregnant and lactating mothers</p>	<p>Anganwadi Centre: 54, Nizam Charitable Trust Days: Monday to Friday; Time: 9.00 to 2.00 pm AWW: Ms. Archana, Mob No: 7291067229 ANM Visit: Twice a month. Ms. Rajni, Mobile No: 8360025448 Facilities: Teaching, Vaccination, Sanitary Pads (distribute only when women/girls ask for it), Iron</p>

<p>Referral Facility: Yes, refer to AIIMS/Safdarjung Hospital Visiting Consultant: Yes Lab Facility: Yes Adolescent Friendly Health Clinic/Service: No Senior Citizen's Clinic: No</p>		<p>Tablets, Services under ICDS, Pregnancy Kits and medicines also provided by ASHA</p>
District- North		
Jama Masjid		
<p>Homeopathic Dispensary, Jama Masjid Address: DGD Gali Guliyana, Dispensary Building (Homeo Unit), Paiwalan, Near Jama Masjid Police Station, Delhi-110006 Days: Monday to Saturday Closed: Sunday Time: 8.00 am to 2.00 pm Facilities available: Pharmacy, Immunization, Clinic for Senior Citizens (Thursday), General Physician and Gynaecology Referral Facility: Not available Visiting Consultant: Not available Lab Facility: No</p>	<p>Health Centre Address: Gali Guliyana, Payiwalan, Jama Masjid, Delhi- 110001 Days: Monday to Saturday Closed: Sunday Time: 8.00 am to 2.00 pm Facilities available: Homeopathy, Ayurveda and Adolescent Health Services (Saturday, 12 Noon to 2.00 pm) Doctors: Dr. Renu. Homeopathy; Dr. Usha, Ayurveda Referral Facility: Not available. Visiting Consultant: Not available Lab Facility: No</p>	<p>Anganwadi Centre: Ward No. 16, C- 44, Dojaan House, Jama Masjid Days: Monday to Friday; Time: 10 am to 1pm Age of children enrolled: 0 to 6 years Staff include: 1 AWW: Ms. Tara 7838603695 (unclear); 1 Teacher: Ms. Asha; and 1 visiting ANM Games played: Indoor games, teaching, vaccination, services under ICDS, counselling and awareness for children, adolescent girls, pregnant and lactating mothers.</p>
Sadar Bazar		
<p>RAI SAHAB SETH GIRDHARI LAL (Charitable Hospital) Address: Near Hathi Park, Bagh Deewar Time: 10.00 to 12.00 Noon Days: All Days Closed: Sunday Facilities available: General Physician</p>	<p>Aruna Aasaf Ali, Government Hospital (Govt. Hospital) Address: Rajpur Road, Civil Lines, Delhi-110054 Day: Monday to Friday, Time: 7:30 AM to 12:00 PM Saturday - 7:30 AM to 11:30 AM</p>	<p>Anganwadi Centre: 114, Mori Gate, Madrasi Colony (Sadar Bazar and Kashmere Gate) Days: Monday to Friday; Time: 9.00 to 2.00 pm Anganwadi Worker: Ms. Shahida, Mob No: 9990942561</p>

<p>Doctors: Dr. D.V. Sharma (Morning), Dr. Anil Kumar (Evening) Referral Facility: Not available Visiting Consultant: Not available Lab Facility: No</p>	<p>Sunday Clinic - 8:30 AM to 11:30 AM Facilities available: Pharmacy, Physiotherapy, Family Welfare Clinic, Dental OPD, Blood Storage Centre Doctors: Consultant and Incharge- Dr. Ashish Gopal-9560593099 Referral Facility: Not available Visiting Consultant: Not available Lab Facility: No</p>	<p>ANM Visit: Twice a month. Ms. Pooja (Permanent, on leave for six months), Ms. Sharmila (Ad Hoc) Facility: Teaching, Vaccination, Sanitary Pads (distribute only when women/girls ask for it), Iron Tablets, Services under ICDS, Pregnancy Kits and medicines also provided by ASHA</p>
<p>Chandni Chowk</p>	<p>Kashmere Gate</p>	
<p>Mohalla Clinic, Yamuna Bazar near Hanuman Mandir Days: Monday to Saturday Time: 8.00 to 2.00 pm Facilities available: General Physician and Pharmacy Referral Facility: Not available Visiting Consultant: Not available Lab Facility: Blood test</p>	<p>MCD Allopathic Dispensary Tikona Park, Kashmiri Gate, Delhi-6 Days: Monday to Saturday Time: 09.30 am to 1.00 pm Facilities available: General Physician and DOT Centre Referral Facility: Hindu Rao Hospital and Chest Clinic, SPM Marg, Pili Kothi, Delhi-6 Visiting Consultant: NA Lab Facility: TB, Blood and Urine (only Wednesday and Friday) Adolescent Friendly Services/Clinic- No Senior Citizen's Clinic: No</p>	

Emergency Contact Nos.

Child Line: 1098

Help Line (Ambulance): 102, 1099

Fire Station: 101

Police Control Room: 100

Local Child Health Educator address with phone number: